

# Health Justice Cultural Competency Questionnaire

*for Herbalists and Holistic Practitioners*

<http://www.farmacyherbs.com/health-justice-cultural-competency-questionnaire/>

This questionnaire is intended to gauge the participants experience and knowledge of culturally diverse communities health care issues and needs.

This is not a test.

If you do not know the answer to a question, or don't have experience with the subject matter, just leave it blank and note to yourself any areas you may need education or more experience with.

1) What are some of the values and belief systems for culturally diverse groups in your area related to:

Health/Illness

Holistic Health Practices

Traditional healing practices

2) What are the dietary choices of individuals based on such factors as:

Income

Neighborhood resources

Culture

3) What is the authority or credibility attributed to :

a. Western trained health care practitioners

b. Indigenous healers

c. Eastern Trained herbalists/ acupuncturists

d. Naturopaths

e. Western trained Herbalists

4) How do differing gender roles impact health care decisions?

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5) What is your understanding of gender terminology?

What does Cis-gendered mean?

What does being a Trans person mean?

What does M to F mean?

What does F to M mean?

What does Gender Queer mean?

What does Transexual mean?

6) What is the impact of domestic violence on the health and well being of the communities you serve?

7) What is the impact of sexual abuse on the health and well being of the communities around you ?

8) What is the impact of substance abuse on the health and well being of the communities around you?

9) What is the impact of mental health on the health and well being of the communities around you?

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10) What is the impact of poverty on the health and well being of the communities around you?

11) What is the impact of racism on the health and well being of the communities around you?

12) What is the impact of pollution on the health and well being of the communities around you?

13) What is the impact of limited English proficiency on the health and well being of the communities around you?

14) What is the impact of homelessness on the health and well being of the communities around you?

15) What are factors affecting the overall health of immigrant populations in your community?

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16) What are factors affecting the overall health of refugee populations?

## For practitioners

1) I integrate questions for the following groups in a diagnostic protocol:

*check each line that applies*

Transgender/ Transsexual

Immigrant Populations

Refugee Populations

Homeless

Gay/ Lesbian

2) In my patient history intake interview, I look for and understand the use of the following practices:

*check each line that applies*

herbal treatments

traditional remedies

religious prayers/ spiritual treatments

food based remedies & economic issues regarding this

homeopathic remedies

acupuncture

midwifery

Reiki

Flower essences

3) I integrate the following in the treatment/discharge planning:

*check each line that applies*

knowledge of diverse values and belief systems related to healing and wellness

cultural needs and preferences of the individual

inclusion of extended family members

consideration of defined needs and preferences in making referrals.

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- 4) Do you keep abreast of current literature and research that report the complex array of biologic, economic, environmental, social and cultural factors that are known to contribute to health disparities among racial and ethnic groups?
  
- 5) I am familiar with the use of language, phrases or terms that describe health status in the following cultural groups(please list).
  
- 6) How do you address the cross-cultural communication needs of individuals in your practice?  
check each one that applies  
interpreters  
modifying health literature
  
- 7) Have you participated in trainings or professional development that enables you to interact effectively with individuals from different cultural groups? If, so explain.
  
- 8) Have you participated in trainings or professional development that enables you to confront bias, discrimination and racism in health and social service systems?  
If, so explain.
  
- 9) Do you use alternative communication formats such as signing, braille or large print to meet the needs of individuals with disabilities?
  
- 10) How do you modify your approach in serving individuals with disabilities?  
*check all that apply*  
explanation of diagnostic protocols and assessment results  
explanation of treatment options

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referrals and resources

11) Do you use consent forms, health education materials, and other relevant information to accommodate:

*check all that apply*

cultural needs

linguistic needs

12) How do you advocate for individuals and families that you serve?

*check all that apply*

providing enabling services (transport, childcare)

alternate ways of providing services (home visits, flexible hours)

assistance in financing treatment plans

workshops that help ESL patients navigate the health care system

13) Do you support patients and their families when they experience discrimination?

If so, how?